

Introduction to Cable Knitting

Using Long Tail Cast On, cast on 29sts.

Knit 4 rows (garter stitch edge)

Begin Cable pattern:

Row 1: K5, P2, K6, P3, K6, P2, K5

Row 2: K7, P6, K3, P6, K7

Repeat Rows 1 & 2 one time (8 rows total)

Cable Row: K5, P2, Right Cross, P3, Left Cross, P2, K5

*Repeat Row 2. Knit Rows 1 & 2 two more times. Knit Cable Row. Repeat from *

Right Cross = Slip 3 stitches purlwise onto cable needle and hold to the back of the work.

K3 stitches from left needle. K3 stitches from cable needle.

Left Cross = Slip 3 stitches purlwise onto cable needle and hold to the front of work.

K3 stitches from left needle. K3 stitches from cable needle.

Continue knitting until the swatch has reached the desired size
or you are comfortable with your cabling.

After a Row2 , Knit 4 rows and bind off.